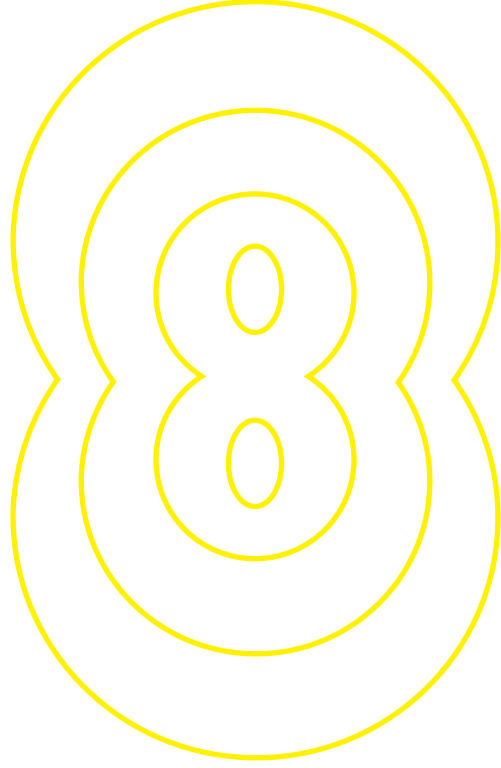
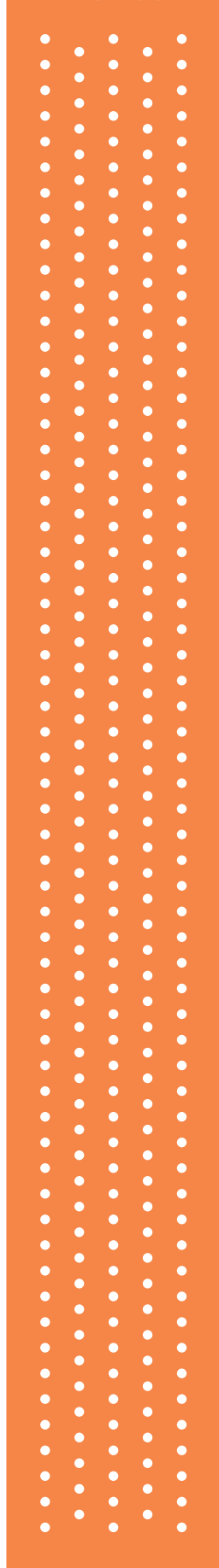


BLACK BOOK

The making of champions

fi'zi:k



'BRAVO NAIRO'

Nairo Quintana, Giro d'Italia 2014 Winner.



CONTENTS

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FIND THE ANIMAL WITHIN YOU



Snake



Chameleon



Bull

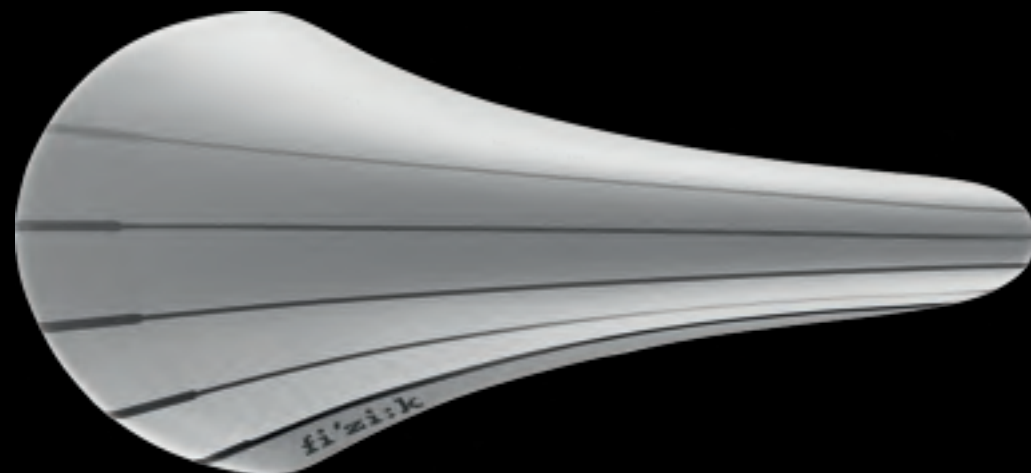
WE FIRST INTRODUCED YOU TO THREE ANIMALS: Snake, Chameleon and Bull five years ago. When we brought our Spine Concept to market. We developed a system that enabled riders to determine spine flexibility and saddle compatibility. Five years on when have evolved our concept to include our new range of components: handlebars. By drawing on the knowledge we know about spine curvature we are able to now match riders not only to the correct saddle, but also the correct handlebar; this ensures that riders gain the maximum performance and comfort from our products.





VOLTA R1

TWIN FLEX™
Flexing Shell for
Pressure Relief



VOLTA R1 BLACK BLACK

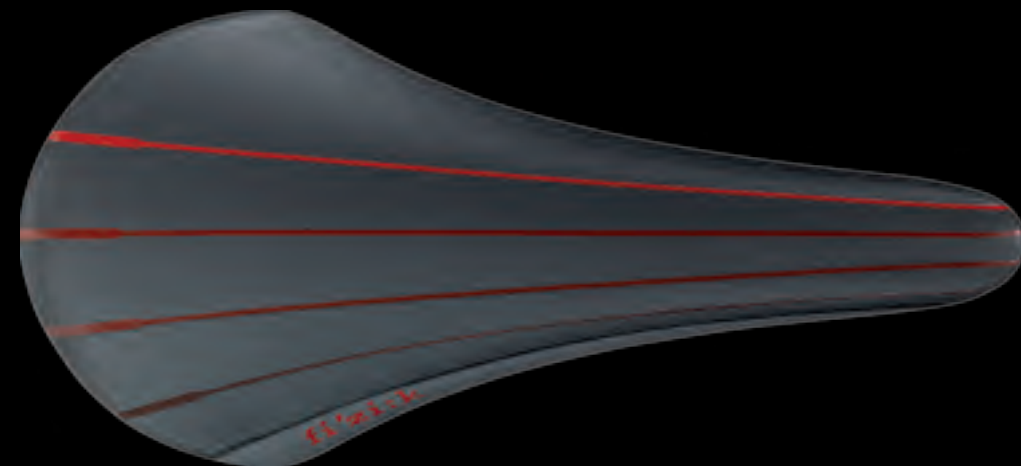
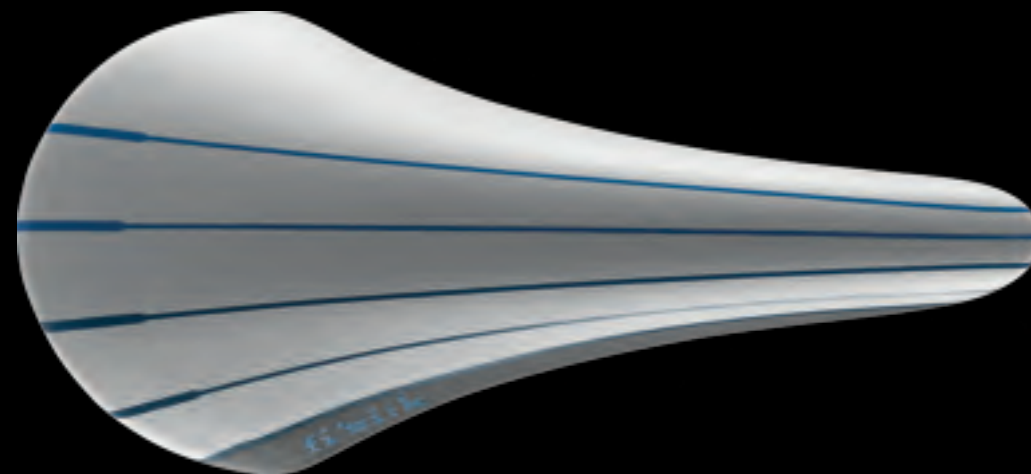
Shell: Composite Carbon co-injected Nylon Twin Flex™
Rail: Mobius Carbon Braided 7x9 mm.
Cover: Thermowelded Microtex Design
Weight: 165 g

VOLTA R1 WHITE WHITE

Shell: Composite Carbon co-injected Nylon Twin Flex™
Rail: Mobius Carbon Braided 7x9 mm.
Cover: Thermowelded Microtex Design
Weight: 165 g

VOLTA R3

TWIN FLEX™
Flexing Shell for
Pressure Relief



VOLTA R3 WHITE GREY BLUE

Shell: Composite Glass co-injected Nylon Twin Flex™
Rail: S-Alloy
Cover: Thermowelded Microtex Design
Weight: 235 g

VOLTA R3 BLACK ANTHRACITE RED

Shell: Composite Glass co-injected Nylon Twin Flex™
Rail: S-Alloy
Cover: Thermowelded Microtex Design
Weight: 235 g

ARIONE 00 BRAIDED



11 ROAD

WING FLEX™
For Free Thigh
Movement



TWIN FLEX™
Flexing Shell for
Pressure Relief



ARIONE 00 BLACK YELLOW

Shell: Composite Carbon 00 - Wing Flex™- TwinFlex™

Rail: Mobius Carbon Braided 7x9 mm.

Cover: Thermowelded Black Microtex 00 Design

Weight: 135 g

ARIONE 00 BLACK BLACK

Shell: Composite Carbon 00 - Wing Flex™- TwinFlex™

Rail: Mobius Carbon Braided 7x9 mm.

Cover: Thermowelded Black Microtex 00 Design

Weight: 135 g

ROAD 12



NACER BOUHANNI
Équipe Cycliste FDJ

ARIONE R1 BRAIDED

WING FLEX™
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM



ARIONE R1 BRAIDED BLACK BLACK

Shell: Composite Carbon co-injected Nylon Wing Flex™

Rail: Carbon Braided 7x9 mm.

Cover: Thermowelded Black Microtex

Thigh Glides: Thermowelded Black Gummy Microtex

Weight: 145 g

ARIONE R1 BRAIDED WHITE WHITE

Shell: Composite Carbon co-injected Nylon Wing Flex™

Rail: Carbon Braided 7x9 mm.

Cover: Thermowelded White Gummy Microtex

Thigh Glides: Thermowelded White Microtex

Weight: 145 g

ARIONE R3 BRAIDED

WING FLEX™
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM



ARIONE R3 BRAIDED RED BLACK

Shell: Composite Glass co-injected Nylon Wing Flex™

Rail: Carbon Braided 7x9 mm.

Cover: Thermowelded Red Microtex

Thigh Glides: Thermowelded Black Microtex

Weight: 165 g

ARIONE R3 BRAIDED ANTHRACITE BLACK

Shell: Composite Glass co-injected Nylon Wing Flex™

Rail: Carbon Braided 7x9 mm.

Cover: Thermowelded Anthracite Gummy Microtex

Thigh Glides: Thermowelded Black Microtex

Weight: 165 g

ARIONE R3 K:IUM

WING FLEX™
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM



ARIONE R3 K:IUM WHITE BLACK

Shell: Composite Glass co-injected Nylon Wing Flex™

Rail: K:iium

Cover: Thermowelded White Microtex

Thigh Glides: Thermowelded Black Microtex

Weight: 185 g

ARIONE R3 K:IUM BLACK WHITE

Shell: Composite Glass co-injected Nylon Wing Flex™

Rail: K:iium

Cover: Thermowelded Black Microtex

Thigh Glides: Thermowelded White Microtex

Weight: 185 g

ARIONE R5 K:IUM

WING FLEX™
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM



ARIONE R5 K:IUM RED WHITE

Shell: Carbon Reinforced Nylon Wing Flex™

Rail: K:iium

Cover: Thermowelded Red Microtex

Thigh Glides: Thermowelded White Microtex

Weight: 205 g

ARIONE R5 K:IUM BLACK BLACK

Shell: Carbon Reinforced Nylon Wing Flex™

Rail: K:iium

Cover: Thermowelded Black Microtex

Thigh Glides: Thermowelded Black Microtex

Weight: 205 g

ARIONE CLASSIC

WING FLEX™
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM



ARIONE BLACK BLACK

Shell: Carbon Reinforced Nylon Wing Flex™

Rail: K:iium

Cover: Alcantara Black

Thigh Glides: Black Microtex

Weight: 225 g

ARIONE WHITE WHITE

Shell: Carbon Reinforced Nylon Wing Flex™

Rail: K:iium

Cover: Alcantara White Microtex

Thigh Glides: White Microtex

Weight: 225 g

19 ROAD



RYDER HESJEDAL

Garmin Sharp Pro Cycling Team



PETER SAGAN
Cannondale Pro Cycling



ALEJANDRO VALVERDE
Movistar Team

ANTARES 00 BRAIDED

WING FLEX™
For Free Thigh
Movement



ANTARES 00 BLACK

Shell: Composite Carbon 00 Wing Flex™

Rail: Carbon Braided 7x9 mm.

Cover: Black Microtex 00 Design

Weight: 135 g

ANTARES 00 WHITE

Shell: Composite Carbon 00 Wing Flex™

Rail: Carbon Braided 7x9 mm.

Cover: White Microtex 00 Design

Weight: 135 g

ANTARES R1 BRAIDED

WING FLEX™
For Free Thigh
Movement

INTEGRATED
CLIP
SYSTEM



ANTARES R1 BRAIDED BLACK BLACK
Shell: Composite Carbon co-injected Nylon Wing Flex™
Rail: Carbon Braided 7x9 mm.
Cover: Black Gummy Microtex
Thigh Glides: Black Microtex
Weight: 155 g

ANTARES R3 BRAIDED

WINGFLEX™
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM



ANTARES R3 BRAIDED RED WHITE

Shell: Composite Glass co-injected Nylon Wing Flex™

Rail: Carbon Braided 7x9 mm.

Cover: Red Microtex

Thigh Glides: White Microtex

Weight: 165 g

ANTARES R3 BRAIDED BLACK BLACK

Shell: Composite Glass co-injected Nylon Wing Flex™

Rail: Carbon Braided 7x9 mm.

Cover: Black Gummy Microtex

Thigh Glides: Black Microtex

Weight: 165 g

ANTARES R3 K:IUM

WING FLEX™
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM



ANTARES R3 K:IUM BLACK GREY

Shell: Composite Glass co-injected Nylon Wing Flex™

Rail: K:iium

Cover: Black Microtex

Thigh Glides: Anthracite / Black Gummy Microtex

Weight: 195 g

ANTARES R3 K:IUM WHITE BLACK

Shell: Composite Glass co-injected Nylon Wing Flex™

Rail: K:iium

Cover: White Microtex

Thigh Glides: Black Microtex

Weight: 195 g

ANTARES MADE FOR CHAMELEON



NAIRO QUINTANA
Movistar Team

ANTARES R5 K:IUM

WING FLEX™
For Free Thigh
Movement



**INTEGRATED
CLIP
SYSTEM**



ANTARES R5 K:IUM GREY BLACK

Shell: Carbon Reinforced Nylon Wing Flex™

Rail: K:iium

Cover: Grey Gummy Microtex

Thigh Glides: Black Microtex

Weight: 205 g

ANTARES R5 K:IUM BLACK RED

Shell: Carbon Reinforced Nylon Wing Flex™

Rail: K:iium

Cover: Black Microtex

Thigh Glides: Black / Red Microtex

Weight: 205 g

31 ROAD

DAVIDE FRATTINI
UnitedHealthcare Pro Cycling



FROM
CURVY
TO
SKINNY



**SP1ne
concept**
Developed by fi'zi:k

ALIANTE R1

MADE FOR BULL

TWIN FLEX™
Flexing Shell for
Pressure Relief



**INTEGRATED
CLIP
SYSTEM**



ALIANTE R1 BRAIDED WHITE WHITE

Shell: Composite Carbon co-injected Nylon Twin Flex™

Rail: Carbon Braided 7x9 mm.

Cover: White Gummy Thermowelded Microtex

Scuff Guards: White

Weight: 185 g

35 ROAD



ALIANTE R1 BRAIDED BLACK BLACK

Shell: Composite Carbon co-injected Nylon Twin Flex™

Rail: Carbon Braided 7x9 mm.

Cover: Black Thermowelded Microtex

Scuff Guards: Black

Weight: 185 g

36 ROAD

ALIANTE R3 BRAIDED

TWIN FLEX™
Flexing Shell for
Pressure Relief

INTEGRATED
CLIP
SYSTEM



ALIANTE R3 BRAIDED WHITE GREY RED

Shell: Composite Glass co-injected Nylon Twin Flex™
 Rail: Carbon Braided 7x9 mm.
 Cover: White Thermowelded Microtex
 Scuff Guards: Black
 Weight: 195 g



ALIANTE R3 BRAIDED BLACK BLACK BLUE

Shell: Composite Glass co-injected Nylon Twin Flex™
 Rail: Carbon Braided 7x9 mm.
 Cover: Black Thermowelded Microtex
 Scuff Guards: Black
 Weight: 195 g

ALIANTE R3 K:IUM

TWIN FLEX™
Flexing Shell for
Pressure Relief

INTEGRATED
CLIP
SYSTEM



ALIANTE R3 K:IUM BLACK BLACK RED

Shell: Composite Glass co-injected Nylon Twin Flex™
 Rail: K:iium
 Cover: Black Thermowelded Microtex
 Scuff Guards: Black
 Weight: 220 g

ALIANTE R3 K:IUM WHITE GREY BLACK

Shell: Composite Glass co-injected Nylon Twin Flex™
 Rail: K:iium
 Cover: White Thermowelded Microtex
 Scuff Guards: Black
 Weight: 220 g

ALIANTE R5 K:IUM

TWIN FLEX
Flexing Shell for
Pressure Relief



**INTEGRATED
CLIP
SYSTEM**



ALIANTE R5 K:IUM BLACK BLACK WHITE

Shell: Carbon Reinforced Nylon Twin Flex™

Rail: K:iium

Cover: Black Thermowelded Microtex

Scuff Guards: Black

Weight: 245 g

ALIANTE R5 K:IUM BLACK RED BLACK

Shell: Carbon Reinforced Nylon Twin Flex™

Rail: K:iium

Cover: Black Thermowelded Microtex

Scuff Guards: Red

Weight: 245 g

ALIANTE GAMMA K:IUM

TWIN FLEX
Flexing Shell for
Pressure Relief



**INTEGRATED
CLIP
SYSTEM**



ALIANTE GAMMA WHITE BLACK

Shell: Carbon Reinforced Nylon Twin Flex™

Rail: K:iium

Cover: White Microtex

Thigh Glides: Black Microtex

Scuff Guards: Black

Weight: 259 g

ALIANTE GAMMA BLACK WHITE

Shell: Carbon Reinforced Nylon Twin Flex™

Rail: K:iium

Cover: Black Microtex

Thigh Glides: White Microtex

Scuff Guards: White

Weight: 259 g



TED KING
Cannondale Pro Cycling

KURVE

A DYNAMIC RIDING INTERFACE



Kurve

KURVE CARBON SNAKE



KURVE CARBON SNAKE

Shell: Reflex Composite / Kevlar

Rail: Mobius Carbon Braided

Cover: Advanced Elastic Cover

Weight: 180 g

45 KURVE

KURVE CARBON CHAMELEON



KURVE CARBON CHAMELEON

Shell: Reflex Composite / Kevlar

Rail: Mobius Carbon Braided

Cover: Advanced Elastic Cover

Weight: 185 g

KURVE 46

KURVE CARBON BULL



KURVE CARBON BULL

Shell: Reflex Composite / Kevlar

Rail: Mobius Carbon Braided

Cover: Advanced Elastic Cover

Weight: 185 g

47 KURVE

KURVE ALUMINUM SNAKE



KURVE ALUMINUM SNAKE

Shell: Reflex Composite / Kevlar

Rail: Mobius Cold Forged Aluminum

Cover: Advanced Elastic Cover

Weight: 220 g

KURVE 48

KURVE ALUMINUM CHAMELEON



KURVE ALUMINUM CHAMELEON

Shell: Reflex Composite / Kevlar
 Rail: Mobius Cold Forged Aluminum
 Cover: Advanced Elastic Cover
 Weight: 220 g

KURVE 49

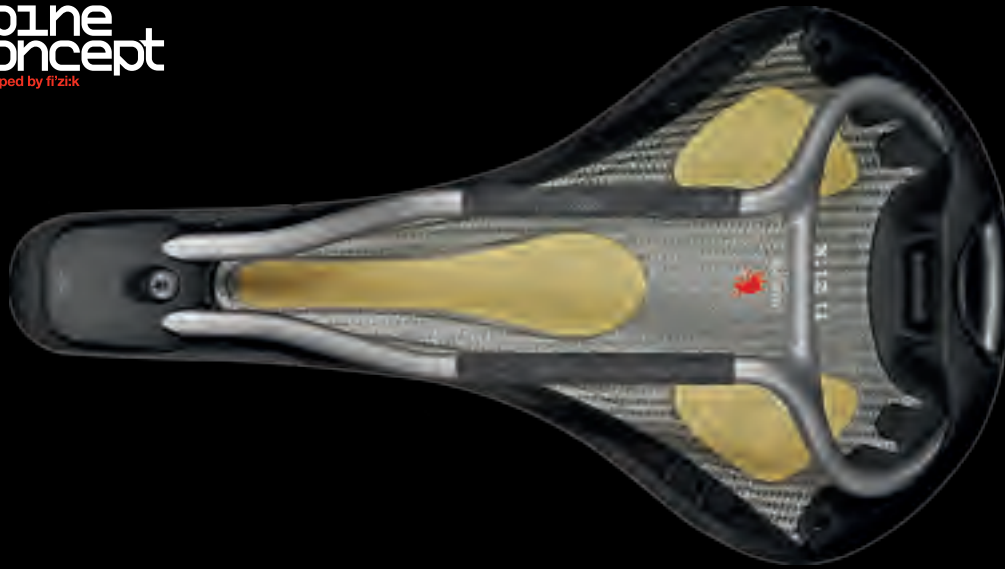
KURVE ALUMINUM BULL



KURVE ALUMINUM BULL

Shell: Reflex Composite / Kevlar
 Rail: Mobius Cold Forged Aluminum
 Cover: Advanced Elastic Cover
 Weight: 220 g

spine
concept
 Developed by flick



KURVE 50



*Team Sky
Pro Cycling*

THE RELIEF ZONE

VERSUS X
NEW
CHANNEL
DESIGN

ARIONE VS X

WING FLEX
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM



ARIONE VS X BRAIDED BLACK BLACK

Shell: Carbon Reinforced Nylon Wing Flex™

Rail: Carbon Braided 7x9 mm.

Channel: Black Microtex with reflective thermowelded film

Thigh Glides: Black Microtex

Padding: Double Injected foam with specific formulation

Weight: 220 g

ARIONE VS X K:iUM BLACK RED

Shell: Carbon Reinforced Nylon Wing Flex™

Rail: K:iUM

Channel: Silver Microtex with reflective thermowelded film

Thigh Glides: Black Microtex

Padding: Double Injected foam with specific formulation

Weight: 250 g

ROAD 54

ANTARES VS X

INTEGRATED
CLIP
SYSTEM



ANTARES VS X BRAIDED BLACK BLACK

Shell: Carbon Reinforced Nylon

Rail: Carbon Braided 7x9 mm.

Channel: Black Microtex with reflective thermowelded film

Thigh Glides: Black Microtex

Padding: Double Injected foam with specific formulation

Weight: 210 g

ANTARES VS X K:IUM BLACK RED

Shell: Carbon Reinforced Nylon

Rail: K:iium

Channel: Silver Microtex with reflective thermowelded film

Thigh Glides: Black Microtex

Padding: Double Injected foam with specific formulation

Weight: 240 g

55 ROAD

ALIANTE VS X

TWIN FLEX
Flexing Shell for
Pressure Relief



INTEGRATED
CLIP
SYSTEM



ALIANTE VS X K:IUM BLACK RED

Shell: Carbon Reinforced Nylon Twin Flex™

Rail: K:iium

Channel: Silver Microtex with reflective thermowelded film

Thigh Glides: Black Microtex

Padding: Double Injected foam with specific formulation

Weight: 259 g



ALIANTE VS X BRAIDED BLACK BLACK

Shell: Carbon Reinforced Nylon Twin Flex™

Rail: Carbon Braided 7x9 mm.

Channel: Black Microtex with reflective thermowelded film

Thigh Glides: Black Microtex

Padding: Double Injected foam with specific formulation

Weight: 229 g

ROAD 56

ARIONE VS

WING FLEX
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM



ANTARES VS

INTEGRATED
CLIP
SYSTEM



ARIONE VS BRAIDED BLACK WHITE

Shell: Carbon Reinforced Nylon Wing Flex™
Rail: Carbon Braided 7x9 mm.
Cover: Black Microtex
Thigh Glides: Glossy White Microtex
Padding: Low density with relief channel
Weight: 209 g

ARIONE VS K:IUM BLACK BLACK

Shell: Carbon Reinforced Nylon Wing Flex™
Rail: K:iium
Cover: Black Microtex
Thigh Glides: Glossy Black Microtex
Padding: Low density with relief channel
Weight: 239 g

ANTARES VS K:IUM BLACK BLACK

Shell: Carbon Reinforced Nylon
Rail: K:iium
Cover: Black Microtex
Thigh Glides: Glossy Black Microtex
Padding: Low density with relief channel
Weight: 209 g

ANTARES VS BRAIDED BLACK WHITE

Shell: Carbon Reinforced Nylon
Rail: Carbon Braided 7x9 mm.
Cover: Black Microtex
Thigh Glides: Glossy White Microtex
Padding: Low density with relief channel
Weight: 179 g

ALIANTE VS

- TWIN FLEX

Flexing Shell for Pressure Relief


- INTEGRATED CLIP SYSTEM





ARDEA VS

- INTEGRATED CLIP SYSTEM





ALIANTE VS BRAIDED BLACK WHITE
Shell: Carbon Reinforced Nylon Twin Flex™
Rail: Carbon Braided 7x9 mm.
Cover: Black Microtex
Thigh Glides: Glossy White Microtex
Padding: Low density with relief channel
Weight: 229 g

ALIANTE VS K:IUM BLACK BLACK
Shell: Carbon Reinforced Nylon Twin Flex™
Rail: K:iium
Cover: Black Microtex
Thigh Glides: Glossy Black Microtex
Padding: Low density with relief channel
Weight: 259 g

ARDEA VS MANGANESE BLACK
Shell: Polybutylene PBT
Rail: Manganese
Cover: Black Microtex
Thigh Glides: Glossy Black Microtex
Padding: Low density with relief channel
Weight: 264 g



STEVE CHAINEL
AG2R LA MONDIALE



THOMAS DEKKER
Garmin Sharp Pro Cycling Team

R1
UOMO
HANDMADE IN ITALY



R1 UOMO BLACK
R1 UOMO WHITE

<i>Materials:</i> Kangaroo Leather / Nylon Mesh	<i>Straps:</i> Sail Cloth
<i>Outsole:</i> Carbon Fiber	<i>Insole:</i> 3D-Flex Cycling Moldable Insole
<i>Buckle:</i> Hex / MC Carbon Fiber	<i>Weight:</i> 260 g (size 43)

LIFE IS A ROAD AND

THE ROAD
IS MY
LIFE



R3

R3 UOMO

HANDMADE IN ITALY



R3 UOMO BLACK RED

Materials:
Kangaroo Leather / Nylon Mesh

Outsole:
Carbon Fiber

Buckle:
Aluminium

Straps:
Sail Cloth

Insole:
fi'zi:k Cycling Insole

Weight:
250 g (size 43)

67 ROAD

JEREMY ROY
Equipe Cycliste FDJ



LIFE IS A ROAD AND
THE ROAD
IS MY
LIFE



R3B

R3B
UOMO
HANDMADE IN ITALY



R3B UOMO BLACK RED
R3B UOMO WHITE BLACK

Materials:
Microtex laser perforated

Outsole:
UD Carbon Fiber

Closure:
Boa IP1

Insole:
fi'zi:k Cycling Insole

Weight:
230 g (size 43)

71 ROAD

DAVID MILLAR
Garmin Sharp Pro Cycling Team



R5 UOMO

HANDMADE IN ITALY



R5 UOMO WHITE BLACK

Materials:
Microtex / Nylon Mesh

Outsole:
Carbon Reinforced Nylon

Buckle:
Aluminium

Straps:
Microtex

Insole:
fi'zi:k Cycling Insole

Weight:
275 g (size 43)

73 ROAD

R5B UOMO

HANDMADE IN ITALY



R5B UOMO WHITE LIGHT GREY R5B UOMO BLACK DARK GREY

Materials:
Microtex Laser perforated / Reflective Inserts

Outsole:
Carbon Reinforced Nylon

Closure:
Boa IP1

Insole:
fi'zi:k Cycling Insole

Weight:
260 g (size 43)

ROAD 74

DOMENICO POZZOVIVO
AG2R LA MONDIALE

NAIRO QUINTANA
Movistar Team



CYRANO HANDLEBAR 00



 **MADE
FOR SNAKE**  **MEDIUM REACH
DEEP DROP**

**CYRANO HANDLEBAR 00
SNAKE**
Material: High Modulus Uni-Directional Carbon
Reach: 85 mm.
Drop: 140 mm.
Weight: 175 g (Size: 420 mm. center to center)

77 ROAD

 **MADE FOR
CHAMELEON**  **MEDIUM REACH
MEDIUM DROP**

**CYRANO HANDLEBAR 00
CHAMELEON**
Material: High Modulus Uni-Directional Carbon
Reach: 85 mm.
Drop: 135 mm.
Weight: 175 g (Size: 420 mm. center to center)

 **MADE
FOR BULL**  **SHORT REACH
SHALLOW DROP**

**CYRANO HANDLEBAR 00
BULL**
Material: High Modulus Uni-Directional Carbon
Reach: 80 mm.
Drop: 130 mm.
Weight: 175 g (Size: 420 mm. center to center)

ROAD 78

Beauty AND THE BEAST

spine
concept
Developed by Italtel

CYRANO HANDLEBAR R1



MADE
FOR SNAKE



MEDIUM REACH
DEEP DROP



MADE FOR
CHAMELEON



MEDIUM REACH
MEDIUM DROP

CYRANO HANDLEBAR R1 SNAKE

Material: Uni-Directional Carbon

Reach: 85 mm.

Drop: 140 mm.

Weight: 205 g (Size: 420 mm. center to center)

CYRANO HANDLEBAR R1 CHAMELEON

Material: Uni-Directional Carbon

Reach: 85 mm.

Drop: 135 mm.

Weight: 205 g (Size: 420 mm. center to center)



MADE
FOR BULL



SHORT REACH
SHALLOW DROP

CYRANO HANDLEBAR R1 BULL

Material: Uni-Directional Carbon

Reach: 80 mm.

Drop: 130 mm.

Weight: 205 g (Size: 420 mm. center to center)

ROAD 80

CYRANO HANDLEBAR R3



MEDIUM REACH
DEEP DROP

CYRANO HANDLEBAR R3 SNAKE

Material: Aluminium Ergal

Reach: 85 mm.

Drop: 140 mm.

Weight: 245 g (Size: 420 mm. center to center)

81 ROAD



MADE FOR
CHAMELEON



MEDIUM REACH
MEDIUM DROP TOP

CYRANO HANDLEBAR R3 CHAMELEON

Material: Aluminium Ergal

Reach: 85 mm.

Drop: 135 mm.

Weight: 245 g (Size: 420 mm. center to center)



MADE FOR
BULL



SHORT DROP
SHALLOW DROP BOTTOM

CYRANO HANDLEBAR R3 BULL

Material: Aluminium Ergal

Reach: 80 mm.

Drop: 130 mm.

Weight: 245 g (Size: 420 mm. center to center)

ROAD 82

CYRANO SEATPOST 00



CYRANO SEATPOST 00

Material: High Modulus Uni-Directional Carbon

Clamps: Aluminium Ergal

Bolts: Titanium

Diameter: 27,2; 31,6 mm.

Size: 330 mm.

Seatback: 25 mm.

Weight: 175 g (27,2 mm. / 330 mm.)

83 ROAD



GRAHAM BRIGGS
Rapha Condor-JLT

CYRANO R1 CARBON



CYRANO SEATPOST R1

Material: Carbon Filament Wound Quill

Clamps: Aluminium Ergal

Bolts: Stainless steel

Diameter: 27,2; 30,9; 31,6 mm.

Size: 270; 330; 400 mm.

Seatback: 25 mm.

Weight: 200 g (31,6 mm. / 330 mm.)

85 ROAD

CYRANO R3 ALUMINIUM



CYRANO SEATPOST R3

Material: Aluminium Ergal

Clamps: Aluminium Ergal

Bolts: Stainless steel

Diameter: 27,2; 31,6 mm.

Size: 330; 400 mm.

Seatback: 25 mm.

Weight: 235 g (31,6 mm. / 330 mm.)

ROAD 86

CYRANO STEM R1



CYRANO STEM R1

Body: Aluminium Ergal

Face Plate: Aluminium Anticorodal

Bolts: Titanium

Diameter: 31,8 mm.

Size: 70; 80; 90; 100; 110; 120; 130 mm.

Angle: 7°; 20°

Weight: 128 g (110 mm. / 7°)

87 ROAD

ROAD 88



TUNDRA 00

MERGING OUR CARBON BASE TECHNOLOGY WITH OUR NUMBER ONE MTB SADDLE

WING FLEX
For Free Thigh
Movement



TUNDRA 00 BLACK

Shell: Composite Carbon 00 Wing Flex™

Rail: Carbon Braided 7x9 mm.

Cover: Black Microtex 00 Design

Weight: 145 g

91 MTB

MTB 92



YOANN BARELLI
Giant Factory Off Road

TUNDRA M1 BRAIDED



WING FLEX
For Free Thigh
Movement



**INTEGRATED
CLIP
SYSTEM**



TUNDRA M1 BRAIDED BLACK BLACK

Shell: Carbon Composite co-injected Nylon Wing Flex™
Rail: Carbon Braided 7x9 mm.

Front Cover: Thermowelded Gummy Black Microtex

Rear Cover: Thermowelded Black Microtex

Weight: 165 g

TUNDRA M3 BRAIDED

WING FLEX
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM



TUNDRA M3 BRAIDED ANTHRACITE RED

Shell: Composite Glass co-injected Nylon Wing Flex™

Rail: Carbon Braided 7x9 mm.

Front Cover: Thermowelded Anthracite Microtex

Rear Cover: Thermowelded Red Microtex

Weight: 175 g

95 MTB

TUNDRA M3 K:IUM

WING FLEX
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM



TUNDRA M3 K:IUM BLACK BLACK

Shell: Composite Glass co-injected Nylon Wing Flex™

Rail: K:iUM

Front Cover: Thermowelded Black Microtex

Rear Cover: Thermowelded Gummy Black Microtex

Weight: 200 g

TUNDRA M3 K:IUM BLACK WHITE

Shell: Composite Glass co-injected Nylon Wing Flex™

Rail: K:iUM

Front Cover: Thermowelded Black Microtex

Rear Cover: Thermowelded White Microtex

Weight: 200 g

MTB 96



JULIEN ABSALON
BMC Mountainbike Racing Team

TUNDRA M5 MANGANESE

WING FLEX
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM



TUNDRA M5 MANGANESE BLACK RED

Shell: Nylon Carbon Reinforced Nylon Wing Flex™

Rail: Manganese

Front Cover: Thermowelded Black Microtex

Rear Cover: Thermowelded Black Gummy Microtex

Weight: 220 g

MTB 98

GOBI 00 LIGHTER WEIGHT SAME COMFORT

WING FLEX
For Free Thigh
Movement



GOBI 00 BLACK

Shell: Composite Carbon 00 Wing Flex™

Rail: Carbon Braided 7x9 mm.

Cover: Black Microtex

Thigh Glides: Black Glossy Microtex 00 Design

Weight: 149 g

99 MTB



MIGUEL MARTINEZ
Frm Factory Racing Team

GOBI M1 BRAIDED NEXT GENERATION

- WING FLEX
For Free Thigh
Movement
- TAIL FLEX
For Easy On-Off
Rear Transitions
- INTEGRATED
CLIP
SYSTEM



GOBI M1 BRAIDED BLACK BLACK
Shell: Composite Carbon - Wing Flex™ Tail Flex™
Rail: Carbon Braided 7x9 mm.
Cover: Black / Black Thermowelved Microtex
Thigh Glides: Black Cordura
Weight: 155 g

GOBI M3 BRAIDED MADE FOR ALL MOUNTAIN AND MARATHON

- WING FLEX
For Free Thigh
Movement
- TAIL FLEX
For Easy On-Off
Rear Transitions
- INTEGRATED
CLIP
SYSTEM



GOBI M3 BRAIDED ANTHRACITE RED SILVER
Shell: Composite Glass co-injected Nylon - Wing Flex™
Rail: Carbon Braided 7x9 mm.
Cover: Gummy Anthracite / Red Thermowelved Microtex
Thigh Glides: Black Cordura
Weight: 165 g

GOBI M3 K:IUM

WING FLEX
For Free Thigh
Movement



TAIL FLEX
For Easy On-Off
Rear Transitions



INTEGRATED
CLIP
SYSTEM



GOBI M3 K:IUM BLACK GREY BLACK

Shell: Composite Glass co-injected Nylon Wing Flex™

Rail: K:iium

Cover: Black / Gummy Grey Thermowelved Microtex

Thigh Glides: Black Cordura

Weight: 195 g

GOBI M3 K:IUM WHITE GREY BLACK

Shell: Composite Glass co-injected Nylon Wing Flex™

Rail: K:iium

Cover: White / Gummy Grey Thermowelved Microtex

Thigh Glides: Black Cordura

Weight: 195 g

GOBI M5 MANGANESE

WING FLEX
For Free Thigh
Movement



TAIL FLEX
For Easy On-Off
Rear Transitions



INTEGRATED
CLIP
SYSTEM



GOBI M5 MANGANESE WHITE WHITE GREY

Shell: Carbon Reinforced Nylon Twin Flex™

Rail: Manganese

Cover: White / White Thermowelved Microtex

Thigh Glides: Grey Cordura

Weight: 220 g

GOBI M5 MANGANESE BLACK BLACK GREY

Shell: Carbon Reinforced Nylon Twin Flex™

Rail: Manganese

Cover: Black / Black Thermowelved Microtex

Thigh Glides: Grey Cordura

Weight: 220 g

THAR K:IUM DESIGNED FOR 29"

INTEGRATED
CLIP
SYSTEM



THAR K:IUM BLACK BLACK

Shell: Carbon Reinforced Nylon Twin Flex™

Rail: K:i-um

Cover: Black Cordura / Black Microtex / Glossy Black details

Replaceable Tuner Insert

Weight: 195 g

THAR K:IUM BLACK WHITE

Shell: Carbon Reinforced Nylon Twin Flex™

Rail: K:i-um

Cover: Black Microtex / Black Cordura / Glossy White details

Replaceable Tuner Insert

Weight: 195 g



105 MTB

THAR MANGANESE DESIGNED FOR 29"

INTEGRATED
CLIP
SYSTEM



THAR MANGANESE BLACK RED

Shell: Carbon Reinforced Nylon Twin Flex™

Rail: Manganese

Cover: Black Microtex / Black Cordura / Glossy Red details

Replaceable Tuner Insert

Weight: 225 g

MTB 106



URS HUBER
Team Bulls

ALIANTE GAMMA XM WITH ROUNDTAIL

TWIN FLEX
Flexing Shell for
Pressure Relief



**INTEGRATED
CLIP
SYSTEM**



ALIANTE GAMMA XM BLACK

Shell: Carbon Reinforced Nylon Twin Flex™

Rail: Kium

Cover: Black Microtex

Rear Cover: Black Cordura

Scuff Guards: Black

Weight: 259 g

LIFE IS A JOURNEY

AND
THE TRAIL
IS MY
LIFE



fi'zi:k

M1 UOMO

HANDMADE IN ITALY



M1 UOMO BLACK

Materials:
Kangaroo Leather / Nylon Mesh / Anti-scratch Leather

Outsole:
Carbon Fiber / Removable Cleat / Skid Plate

Buckle:
SL Micrometric

Straps:
Sail Cloth

Insole:
3D-Flex Cycling Moldable Insole

Weight:
380 g (size 43)

111 MTB



FRANCIS MOUREY
Équipe Cycliste FDJ

UWE HOCHENWARTER
Focus XC Team



M3 UOMO HANDMADE IN ITALY



M3 UOMO BLACK

Materials:
Nylon Mesh / Anti-scratch Leather

Outsole:
Carbon Fiber / Removable Skid Plate

Buckle:
Aluminium

Straps:
Sail Cloth

Insole:
fi'zi:k Cycling Insole

Weight:
365 g (size 43)

MTB 114

LIFE IS A JOURNEY

AND
THE TRAIL
IS MY
LIFE



M3B

M3B UOMO

HANDMADE IN ITALY



M3B UOMO

Materials:
Microtex Laser perforated / Anti-scratch Leather

Outsole:
UD Carbon Fiber / Removable Skid Plate

Closure:
Boa IP1

117 MTB

Insole:
fi'zi:k Cycling Insole

Weight:
350 g (size 43)



ANDREA RIGHETTINI
Focus XC Italy Team

M5 UOMO

HANDMADE IN ITALY



M5 UOMO BLACK RED

Materials:
Microtex / Nylon Mesh / Anti-scratch Leather

Outsole:
Carbon Reinforced Nylon

Buckle:
Aluminium

Straps:
Sail Cloth

Insole:
fi'zi:k Cycling Insole

Weight:
378 g (size 43)

119 MTB

M5B UOMO

HANDMADE IN ITALY



M5B UOMO BLACK GREY

M5B UOMO BLACK RED

Materials:
Microtex Laser perforated / Anti-scratch Leather

Outsole:
Carbon Reinforced Nylon

Closure:
Boa IP1

Insole:
fi'zi:k Cycling Insole

Weight:
360 g (size 43)

MTB 120



TRITONE 6.5 BRAIDED

INTEGRATED
CLIP
SYSTEM



TRITONE 6.5 BRAIDED ANTHRACITE BLACK

Shell: Carbon Reinforced Nylon
Rail: Carbon Braided 7x9 mm.
Cover: Black / Gummy Anthracite Thermowelded Microtex
Lenght: 24 cm. long - UCI legal
Carriage Kit: cage holder, CO² charge, inflator and tube
Nose: Front Transition Hook
Weight: 220 g

123 TRI

TRITONE 6.5 K:IUM

INTEGRATED
CLIP
SYSTEM



TRITONE 6.5 K:IUM BLACK WHITE

Shell: Carbon Reinforced Nylon
Rail: K:iium
Cover: White / Gummy Black Thermowelded Microtex
Lenght: 24 cm. long - UCI legal
Carriage Kit: cage holder, CO² charge, inflator and tube
Nose: Front Transition Hook
Weight: 250 g

TRITONE 6.5 K:IUM BLACK BLACK

Shell: Carbon Reinforced Nylon
Rail: K:iium
Cover: Black / Gummy Black Thermowelded Microtex
Lenght: 24 cm. long - UCI legal
Carriage Kit: cage holder, CO² charge, inflator and tube
Nose: Front Transition Hook
Weight: 250 g

TRI 124

TRITONE 5.5

NOSELESS COMFORT



TRITONE 5.5 BRAIDED

INTEGRATED
CLIP
SYSTEM



TRITONE 5.5 BRAIDED BLACK BLACK

Shell: Carbon Reinforced Nylon
Rail: Carbon Braided 7x9 mm.
Cover: Black / Gummy Black Thermowelded Microtex
Lenght: 24 cm. long - UCI legal
Carriage Kit: cage holder, CO² charge, inflator and tube
Nose: Front Transition Hook
Weight: 220 g

127 TRI

TRITONE 5.5 K:IUM

INTEGRATED
CLIP
SYSTEM



TRITONE 5.5 K:IUM WHITE BLACK

Shell: Carbon Reinforced Nylon
Rail: K:iium
Cover: Black / White Thermowelded Microtex
Lenght: 24 cm. long - UCI legal
Carriage Kit: cage holder, CO² charge, inflator and tube
Nose: Front Transition Hook
Weight: 250 g

TRITONE 5.5 K:IUM RED BLACK

Shell: Carbon Reinforced Nylon
Rail: K:iium
Cover: Black / Red Thermowelded Microtex
Lenght: 24 cm. long - UCI legal
Carriage Kit: cage holder, CO² charge, inflator and tube
Nose: Front Transition Hook
Weight: 250 g

TRI 128

*Team Cannondale
Pro Cycling*



ARIONE K1 BRAIDED

INTEGRATED
CLIP
SYSTEM



WING FLEX
For Free Thigh
Movement



ARIONE K1 BRAIDED WHITE

Shell: Composite Carbon co-injected Nylon Wing Flex™

Rail: Braided Carbon 7x9 mm.

Cover: Gummy White Microtex / Silicon Printed Grip

Rear Cover: Glossy White Microtex

Weight: 192 g

131 TRI

ARIONE K3 K:IUM

INTEGRATED
CLIP
SYSTEM



WING FLEX
For Free Thigh
Movement



ARIONE K3 K:IUM BLACK WHITE

Shell: Composite Glass co-injected Nylon Wing Flex™

Rail: K:iium

Cover: Gummy Black Microtex / Silicon Printed Grip

Rear Cover: Glossy White Microtex

Weight: 235 g

TRI 132



ARIONE K5 K:IUM

ARIONE K5 K:IUM BLACK DARK GREY

Shell: Carbon Reinforced Nylon

Rail: K:iium

Cover: Black Microtex / Silicon Printed Grip

Rear Cover: Dark Grey Microtex

Weight: 239 g

INTEGRATED
CLIP
SYSTEM



WING FLEX
For Free Thigh
Movement



ARES

THE PROS CHOICE FOR THE TIME TRIAL

INTEGRATED
CLIP
SYSTEM



ARES RED BLACK

Shell: Carbon Reinforced Nylon

Rail: K-ium

Cover: Red and Black Microtex :K design

Weight: 199 g

ARES BLACK WHITE

Shell: Carbon Reinforced Nylon

Rail: K-ium

Cover: Black and White Microtex :K design

Weight: 199 g

135 TRI

CADEL EVANS
BMC Racing Team



DANIEL FONTANA



K1 UOMO

HANDMADE IN ITALY



K1 UOMO WHITE

K1 UOMO BLACK

Materials:
Breathable Neoprene

Outsole:
3D Flex Carbon

Tongue:
Neoprene Butie

Straps:
Sail Cloth

Insole:
3D-Flex Cycling Moldable Insole

Weight:
220 g (size 43)

LIFE IS A CHALLENGE

AND
TRIATHLON
IS MY
LIFE



5

K5 UOMO

HANDMADE IN ITALY



K5 UOMO SILVER WHITE RED

Materials:
Microtex / Nylon Mesh

Outsole:
Carbon Reinforced Nylon

Tongue:
Breathable Mesh

Straps:
Diamant MicroFiber / Sail Cloth

Insole:
fi'zi:k Cycling Insole

Weight:
270 g (size 43)

141 TRI



ALESSANDRO DEGASPERI

ACCESSORIES



BAR:TAPE SUPERLIGHT

MICROTEX
Breathable
& Durable



BAR:TAPE SUPERLIGHT 2 mm.

Colours: Black soft touch with fi'zi:k logos,
White with fi'zi:k logos, Black, Bright Red,
Racing Yellow, Sid Blue, Dark Grey, Silver, Metal Blue,
White, Apple Green, Pink, Brown, Honey, Celeste Bianchi
Dark Grey soft touch, Black soft touch, Black glossy,
Red glossy, White glossy, Dark Grey soft Touch, Black soft Touch,
Tacky White, Tacky Black, Tacky Black with fi'zi:k logos, Tacky
White with fi'zi:k logos, Tacky Black Dual touch, Tacky White
Dual touch, Tacky Black with reflective fi'zi:k logos Dual touch

145 ACCESSORIES

BAR:TAPE PERFORMANCE

MICROTEX
Breathable
& Durable



BAR:TAPE PERFORMANCE 3 mm.

Colours: Black soft touch, White soft touch,
Black, White, Metal Blue,
Green, Red, Pink, Yellow, Orange,
Tacky White, Tacky Black

ACCESSORIES 146

BAR:TAPE SUPERLIGHT

MICROTEX
Breathable
& Durable



BAR:TAPE SUPERLIGHT 2 mm.
Colours: Glossy Fluo Yellow with fi'zi:k logos, Glossy Fluo Orange with fi'zi:k logos, Glossy Fluo Pink with fi'zi:k logos

BAR:GEL SHOCK ABSORBING

TECHNOGEL®
Shock Absorbing
Movement



MICROTEX
Breathable
& Durable



CUT TO FIT
Bar:gel
Fits All Bar Sizes



BAR:KIT
Bar:Gel with Black Tape Microtex

BAR:GEL
4 pieces of Gel - 2 curved and 2 straight

SADDLE PA:K

NO STRAPS

CLIP IN, CLIP OUT

INTEGRATED
CLIP
SYSTEM



TA:KE SADDLE BAG

Color: Black

Size: 0,6 l. Adjustable Volume

System: Integrated Clip System

Features: Cateye Rapid 3 Compatible

149 ACCESSORIES

BLIN:K

SUPER BRIGHT LEDS

BLINKING LIGHT

INTEGRATED
CLIP
SYSTEM



BLIN:K

Color: Matte Black / Silver

2 Super bright leds

3 Modes of lighting

1 Battery CR2032

Tool free battery change

System: Integrated Clip System

CATEYE RAPID 3 ICS

Color: Grey

Battery: AA alkaline battery

Light: Red LED X3

Tool free battery change

System: Integrated Clip System



ACCESSORIES 150

3-D FLEX CYCLING MOLDABLE INSOLE

3-D FLEX

Material: Podiaflex®

Metaplate: Ortholite® foam

HeelCup: Tepex

SIZE	XXS	XS	S	M	L	XL	XXL	XXXL
NUMBER	37-37.5	38-39	39.5-40.5	41-42	42.5-43.5	44-45	45.5-46.5	47-48



- ① TRANSLUX C reinforcement layer at the heel provides rigid support structure to align the foot and the body.
- ② Podiaflex N material can be “thermo” formed to customize the insole to fit your unique foot shape using SIDAS technologies Flashfit Sytem. This sustainable material is composed of polyester resin, EVA and wheat middlings. Wheat middlings are the coarse and fine particles of wheat from the “tail of the mill” or waste left from wheat manufacturing.
- ③ Low rebound Ortholite® foam used at metaplate and along entire length of insole for maximum comfort and absorption of road shock.

Engineered in partnership with 



CYCLING OVERSHOES

MADE IN ITALY

LIGHT

FEATURES

- Breathable and Elastic
- Hell reinforcement material
- Thermowelded fi'zi:k® logo
- Taped seams
- Hell Reinforcement material
- Ultra Thin and soft fabric
- Two openings, one for the pedal cleat and one for the heel

SIZE	S-M	L-XL	XXL
NUMBER	37/41	42/45	46/48



WINTER

FEATURES

- 100% Water Proof
- 100% Wind Proof
- Breathable and Elastic
- Taped seams
- Hell Reinforcement material
- Thermowelded fi'zi:k® logo
- Thermo-stretch functional fabric
- Thin and soft fabric
- Zipper with cam-lock slider on the back
- Reflective print on back
- Two openings, one for the pedal cleat and one for the heel

SIZE	S	M	L	XL	XXL
NUMBER	36-38	39-40	41-42	43-44	45-46







MARIANNE VOS
Rabobank Liv Team

ARIONE DONNA 00
ALL CARBON ARIONE
MADE FOR WOMEN

WING FLEX
For Free Thigh
Movement



TWIN FLEX
Flexing Shell for
Pressure Relief



ARIONE DONNA 00 BLACK

Shell: Composite Carbon 00 Wing Flex™ Twin Flex™
Rail: Carbon Braided 7x9 mm.
Cover: Black Microtex 00 Design
Weight: 169 g

ARIONE DONNA K:IUM

WING FLEX
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM





ARIONE DONNA K:IUM BLACK BLACK
Shell: Carbon Reinforced Nylon Wing Flex™
Rail: K:iium
Cover: Black Microtex
Thigh Glides: Black Microtex
Weight: 189 g

157 WOMEN

ARIONE DONNA MANGANESE

WING FLEX
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM





ARIONE DONNA MANGANESE WHITE ANTHRACITE
Shell: Carbon Reinforced Nylon Wing Flex™
Rail: Manganese
Cover: White Microtex
Thigh Glides: Anthracite Glossy Microtex
Weight: 235 g

WOMEN 158

VITESSE K:IUM

WING FLEX
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM



VITESSE PEARL WHITE BLACK

Shell: Carbon Reinforced Nylon Wing Flex™

Rail: K:iium

Cover: Pearl White Microtex

Thigh Glides: Anthracite Microtex

Scuff Guards: Red

Weight: 249 g

159 WOMEN



MICHELLE VESTERBY

VESTA PRESSURE RELIEF CHANNEL

WING FLEX
For Free Thigh
Movement



INTEGRATED
CLIP
SYSTEM



VESTA K:iUM BLACK FLUO PINK

Shell: Carbon Reinforced Nylon Wing Flex™

Rail: K:iUM

Cover: Black Microtex

Thigh Glides: Glossy Black Microtex

Scuff Guards: Chromed

Weight: 259 g



VESTA K:iUM WHITE GLOSSY WHITE

Shell: Carbon Reinforced Nylon Wing Flex™

Rail: K:iUM

Cover: White Microtex

Thigh Glides: White Glossy Microtex

Scuff Guards: Chromed

Weight: 259 g



VESTA MANGANESE BLACK BLACK

Shell: Carbon Reinforced Nylon Wing Flex™

Rail: Manganese

Cover: Black Microtex

Thigh Glides: Black Glossy Microtex

Scuff Guards: Chromed

Weight: 279 g

161 WOMEN

GIORGIA BRONZINI
Wiggle Honda Pro Cycling



R3 DONNA

HANDMADE IN ITALY



R3 DONNA BLACK

Materials:
Kangaroo Leather / Nylon Mesh

Outsole:
Carbon Fiber

Buckle:
Aluminium

Straps:
Sail Cloth

Insole:
fi'zi:k Cycling Insole

Weight:
225 g (size 38,5)



163 WOMEN

R3B DONNA

HANDMADE IN ITALY



R3B DONNA BLACK

Materials:
Microtex Laser perforated

Outsole:
UD Carbon Fiber

Closure:
Boa IP1

Insole:
fi'zi:k Cycling Insole

Weight:
210 g (size 38,5)



WOMEN 164

TWIST AND RIDE



R5B
DONNA

R5 DONNA HANDMADE IN ITALY



R5 DONNA BLACK

Materials:
Microtex / Nylon Mesh

Outsole:
Carbon Reinforced Nylon

Buckle:
Aluminium

Straps:
Microtex

Insole:
fizi:k Cycling Insole

Weight:
225 g (size 38,5)

167 WOMEN

R5B DONNA HANDMADE IN ITALY



R5B DONNA ANTHRACITE DARK GREY

Materials:
Microtex Laser perforated / Reflective Inserts

Outsole:
Carbon Reinforced Nylon

Closure:
Boa IP1

Insole:
fizi:k Cycling Insole

Weight:
215 g (size 38,5)

WOMEN 168

M5 DONNA

HANDMADE IN ITALY



M5 DONNA BLACK WHITE

Materials:
Microtex / Nylon Mesh / Anti-scratch Leather

Outsole:
Carbon Reinforced Nylon

Buckle:
Aluminium

Straps:
Sail Cloth

Insole:
fi'zi:k Cycling Insole

Weight:
318 g (size 38,5)

169 WOMEN



ANNEFLEUR KALVENHAAR
Focus XC Team



M5B
DONNA
HANDMADE IN ITALY



M5B DONNA ANTHRACITE WHITE

Materials:
Microtex Laser perforated / Anti-scratch Leather

Outsole:
Carbon Reinforced Nylon

Closure:
Boa IP1

Insole:
fi'zi:k Cycling Insole

Weight:
305 g (size 38,5)

GROBERT HELEN
Focus XC Team

WOMEN 172

K1 DONNA

HANDMADE IN ITALY



K1 DONNA WHITE/ NEON ORANGE/ NEON VIOLET

Materials:
Breathable Neoprene

Outsole:
3D Flex Carbon

Tongue:
Neoprene Butie

Straps:
Sail Cloth

Insole:
3D-Flex Cycling Moldable Insole

Weight:
159 g (size 38,5)

173 WOMEN



WOMEN 174



JENNY FLETCHER

K5
DONNA
HANDMADE IN ITALY



K5 DONNA SILVER WHITE BLUE

Materials:
Microtex Nylon Mesh

Outsole:
Carbon Reinforced Nylon

Straps:
Diamant MicroFiber / Sail Cloth

Insole:
fi'zi:k Cycling Insole

Weight:
216 g (size 38,5)

WOMEN 176

'BRAVA MARIANNE'

Marianne Vos, Giro Rosa 2014 Winner.



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